



Newham London

NHS
Newham

Joint Strategic Needs Assessment 2010
The London Borough of Newham

18th January 2011

1.0 Foreword

Our vision is to make Newham a place where people choose to live, work and stay – where the health of people in Newham will become as good as the London average and the quality of health services will become as good as anywhere in the country.

As Newham's directly elected Mayor, and as the Chair of NHS Newham, we welcome this latest version of the Joint Strategic Needs Assessment for Newham. The Joint Strategic Needs Assessment provides a detailed picture of the health and wellbeing needs of Newham's diverse residents. It will inform the Council, NHS Newham and all our partners of the types of services we will need to commission to improve and enhance the health and wellbeing in Newham for all our residents.

Health and wellbeing in Newham is not just a question of good health services, but also the factors that help people stay healthy. That means dealing with the social problems that we know contribute to poor health - enabling us to prevent poor health and encourage the early detection of disease.

Addressing the wider determinants of health, which include employment, education and housing, will play an important part in prevention and improving the health and wellbeing of Newham's population. Success in doing so can only come about from a partnership approach between NHS Newham, the London Borough of Newham, private and voluntary sectors. This partnership approach is key to providing the highest standard of health services, treatments, care and support that our residents deserve when they need it.

Newham has a once in a lifetime opportunity to improve the health and wellbeing of its residents, through the physical regeneration of the borough and our hosting of the 2012 Olympic and Paralympic Games. Our opportunity here is to tackle poverty and inequality through getting people working, raising their incomes and aspirations and ensuring that they have a stake in living in and contributing to the growth of Newham. Increasing the number of people in good employment, is the most significant and sustainable change we can make in improving the health and wellbeing of people in Newham. The two Council-run employment services, Workplace and the Mayor's Employment Project along with the work of our partners support this.

We also want to encourage and support people to lead independent lives, improve their lifestyles and to be confident and able to participate in community life. Newham has made significant improvements in narrowing the gap between the health and wellbeing and life expectancy of people living in the London Borough and the average across all London boroughs in recent years. These achievements include;

- 11,069 NHS Health Checks were carried out for people aged 40-74 in 2009/10. Since 2008, 48% of all people in this age group have been screened- the highest number in London
- 2,239 people quit smoking for more than 4 weeks in 2009/10, exceeding the target
- An increase in the take up of breast screening from 59% in March to 64% by September 2010
- Both male and female premature deaths due to cardiovascular disease declined between 2005-7 and 2006-8.

Looking beyond 2010, the Mayoral Priorities for health and wellbeing in Newham are:

- To get people into work
- To support the development of an active and connected community
- To ensure effective clinical practice in our hospitals and medical facilities.

As Newham's directly elected Mayor and the Chair of NHS Newham we commend this Joint Strategic Needs Assessment 2010 for Newham.

Sir Robin Wales
Mayor of Newham

Marie Gabriel
Chair of NHS Newham
